



Calendar Year: 2026/2027

PROGRAM PLANNING GUIDE

Name: _____

ID:

Bachelor of Arts

General Major in the Social Sciences



A general major in the social sciences, unlike a single discipline major, allows you to customize your course selection to your interests and abilities. Where you compromise depth of focus in one area, you gain breadth of knowledge in a few key areas, thus increasing your flexibility. This multidisciplinary approach provides access to the “big picture” or the wider context of any subject area. Conversely, the courses you choose can enhance your focus, and provide a cross-discipline perspective on one particular theme.

What determines my program requirements?

Please refer to the Academic Calendar (www.ulethbridge.ca/ross/academic-calendar) for complete program information.

Calendar Year: 2026/2027 - Your calendar year is set to the academic year you are admitted (or readmitted) and you should follow the requirements for that year for the duration of your program.

Faculty/School: Faculty of Arts and Science (www.ulethbridge.ca/artsci)

Program(s): Bachelor of Arts

Major(s): General Major in the Social Sciences

Minor: A defined set of courses, designed to provide depth in a particular discipline, study in an interdisciplinary area, or focus on a theme-related topic. To learn more about optional minors see www.ulethbridge.ca/ross/minors.

Am I admissible to this program?

Admission: www.ulethbridge.ca/ross/admissions/undergrad

Transfer: www.ulethbridge.ca/ross/transfer-resources

When/How do I apply to the University?

Deadlines: www.ulethbridge.ca/ross/admissions/undergrad/deadlines

Step-by-Step: www.ulethbridge.ca/ross/admissions/step-by-step

Where can I find information on courses?

Course Catalogue: www.ulethbridge.ca/ross/courses

Registration Guide: www.ulethbridge.ca/ross/registration-guide

When can I register for classes?

Register early! (March for Summer and Fall; November for Winter)

Registration Dates: www.ulethbridge.ca/ross/registration-dates

How can I enhance my program?

Career Bridge: www.ulethbridge.ca/career-bridge

Co-op Education: www.ulethbridge.ca/career-bridge/co-operative-education

Honours Thesis: www.ulethbridge.ca/ross/undergraduate-thesis

Double Major: www.ulethbridge.ca/ross/double-major

What supports are available to students?

Student Services: www.ulethbridge.ca/campus-life/student-services

Student Success Centre: www.ulethbridge.ca/student-success-centre

Accessible Learning: www.ulethbridge.ca/ross/alc

Counselling Services: www.ulethbridge.ca/counselling



Version: February 17, 2026

Contact an Academic Advisor (www.ulethbridge.ca/ross/academic-advising) for advising information

This is a planning guide and not a graduation check or guarantee of course offerings. You should have a program check done in your final year of studies. Students are responsible for ensuring they have met program requirements. This guide should be used in conjunction with the University of Lethbridge Academic Calendar, which is the final authority on program requirements and academic regulations.



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Major Requirements (20 Courses)

Choose disciplinary streams from the following list:

- Anthropology - all courses
- Archaeology - all courses designated Social Science
- Economics - all courses designated Social Science
- Geography - all courses designated Social Science
- History - all courses
- Indigenous Studies - all courses (courses in Blackfoot and Cree may not be included)
- Kinesiology - all courses designated Social Science (Physical Activity courses may not be included)
- Political Science - all courses designated Social Science
- Psychology - all courses designated Social Science
- Sociology - all courses
- Women and Gender Studies - all courses designated Social Science

_____ **1.-5. First Disciplinary Stream:** _____

- _____ 1. _____
- _____ 2. _____
- _____ 3. _____
- _____ 4. _____
- _____ 5. _____

_____ **6.-10. Second Disciplinary Stream:** _____

- _____ 6. _____
- _____ 7. _____
- _____ 8. _____
- _____ 9. _____
- _____ 10. _____

_____ **11.-15. Third Disciplinary Stream:** _____

- _____ 11. _____
- _____ 12. _____
- _____ 13. _____
- _____ 14. _____
- _____ 15. _____

_____ **16.-19.** Four additional courses (12.0 credit hours) chosen from any of the Social Sciences disciplinary streams listed above

- _____ 16. _____
- _____ 17. _____
- _____ 18. _____
- _____ 19. _____

_____ **20. One of (Quantitative Methods):**

- _____ Economics 2900 - Economics and Business Statistics
- _____ Geography 2700 - Geographical Data and Analysis
- _____ Psychology 2030 - Thinking with Data I
- _____ Sociology 2130 - Quantitative Research Practice
- _____ Statistics 2780 - Statistical Inference

_____ **REQ.** Of the 20 courses (60.0 credit hours) required in the major, seven courses (21.0 credit hours) must be at the 3000/4000 level.

Notes

To determine if a given course in a disciplinary stream has a Social Science designation, see **School of Liberal Education** in the 2026/2027 University of Lethbridge Calendar, www.ulethbridge.ca/ross/academic-calendar.

The Quantitative Methods courses have prerequisites which may or may not be included in the major.

Electives (20 Courses)

_____ **21.-40.** Twenty additional courses (60.0 credit hours) chosen to complete program requirements

- _____ 21. _____
- _____ 22. _____
- _____ 23. _____
- _____ 24. _____
- _____ 25. _____
- _____ 26. _____
- _____ 27. _____
- _____ 28. _____
- _____ 29. _____
- _____ 30. _____
- _____ 31. _____
- _____ 32. _____
- _____ 33. _____
- _____ 34. _____
- _____ 35. _____
- _____ 36. _____
- _____ 37. _____
- _____ 38. _____
- _____ 39. _____
- _____ 40. _____



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Liberal Education List Requirement

Only four courses (12.0 credit hours) in total may be counted from any one discipline toward the Lib Ed Requirement. Disciplines are identified by separate course subject codes. Cross-listed courses count toward the limit for both disciplines (e.g. Geography 3225/Global Business 3225 counts toward the limit for Geography and Dhillon School of Business courses).

Only four courses (12.0 credit hours) in total from the Faculty of Education (EDUC), Faculty of Health Sciences (AMHC, HLSC, INHL, NURS, PUBH, and TREC), and the Dhillon School of Business (ACCT, AGEM, DGTR, FINC, GLBU, HRLR, IGBM, MGT, and MKTG) may be counted towards the Lib Ed Requirement.

To determine if a course has a Liberal Education designation, see School of Liberal Education in the 2026/2027 University of Lethbridge Undergraduate Calendar, www.ulethbridge.ca/ross/academic-calendar.

_____ **1.-4. List I: Fine Arts and Humanities**

- _____ 1. _____
- _____ 2. _____
- _____ 3. _____
- _____ 4. _____

_____ **5.-8. List II: Social Science**

- _____ 5. _____
- _____ 6. _____
- _____ 7. _____
- _____ 8. _____

_____ **9.-12. List III: Science**

- _____ 9. _____
- _____ 10. _____
- _____ 11. _____
- _____ 12. _____

General Requirements

_____ A minimum of 40 courses (120.0 credit hours) with a GPA of at least 2.00.

_____ A maximum of five Independent Study courses (15.0 credit hours) may be completed for credit towards the degree.

_____ A maximum of five Disciplinary Credit Applied Studies courses (15.0 credit hours) may be completed for credit towards the degree. Students may, in addition, complete Applied Studies 2000, 2001, 2010, and 2011.

_____ A maximum of 24 courses (72.0 credit hours) may be completed from any one discipline for credit towards the degree. Disciplines are identified by a specific course label (e.g. KNES, ASTR, and HIST are separate disciplines).

_____ A maximum of 6.0 credit hours in Activity courses (i.e. courses labelled PHAC and MUSE) may be completed for credit towards the degree, except for Kinesiology majors (not more than 15.0 credit hours) and Music majors (not more than 12.0 credit hours).

_____ A maximum of six courses (18.0 credit hours) from disciplines offered outside the Faculty of Arts and Science, Faculty of Fine Arts, or School of Liberal Education may be completed for credit towards the degree (i.e. labelled ACCT, AGEM, AMHC, CDEV, CRED, DGTR, EDUC, FINC, GLBU, HLSC, HRLR, IGBM, INHL, MGT, MKTG, NURS, PUBH, and TREC). Courses cross-listed between the Faculty of Arts and Science and another Faculty or School do not count towards this limit.

_____ Residence requirement: a minimum of 20 courses (60.0 credit hours) must be completed at the University of Lethbridge, including at least 10 courses (30.0 credit hours) from disciplines offered by the Faculty of Arts and Science, Faculty of Fine Arts, or School of Liberal Education at the 3000/4000 level. At least half of the courses required in the major must be completed at the University of Lethbridge.

A **maximum** of 12 courses (36.0 credit hours) may be completed at the 1000 level (or lower) for credit towards the degree, excluding Activity courses (labelled PHAC and MUSE) and courses numbered in the range of 0520 to 0530.

_____ **1.-12. Introductory Course Limit**

- _____ 1. _____
- _____ 2. _____
- _____ 3. _____
- _____ 4. _____
- _____ 5. _____
- _____ 6. _____
- _____ 7. _____
- _____ 8. _____
- _____ 9. _____
- _____ 10. _____
- _____ 11. _____
- _____ 12. _____

A **minimum** of 15 courses (45.0 credit hours) from disciplines offered by the Faculty of Arts and Science, Faculty of Fine Arts, or School of Liberal Education at the 3000/4000 level, excluding Activity courses (labelled PHAC and MUSE). Out-of-faculty courses (i.e. labelled ACCT, AGEM, AMHC, CDEV, CRED, DGTR, EDUC, FINC, GLBU, HLSC, HRLR, IGBM, INHL, MGT, MKTG, NURS, PUBH, and TREC) will not meet this requirement.

_____ **1.-15. Senior Course Requirement**

- _____ 1. _____
- _____ 2. _____
- _____ 3. _____
- _____ 4. _____
- _____ 5. _____
- _____ 6. _____
- _____ 7. _____
- _____ 8. _____
- _____ 9. _____
- _____ 10. _____
- _____ 11. _____
- _____ 12. _____
- _____ 13. _____
- _____ 14. _____
- _____ 15. _____

Optional Minor: _____

For information about minors see **Minors** in the 2026/2027 University of Lethbridge Calendar, www.ulethbridge.ca/ross/academic-calendar. Consult with an Academic Advisor if you wish to add a minor to your program.

_____ **1.-6. Required Courses**

- _____ 1. _____
- _____ 2. _____
- _____ 3. _____
- _____ 4. _____
- _____ 5. _____
- _____ 6. _____



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Shown below is the recommended sequence of courses for your degree. Consult timetables for course offerings, prerequisites, and corequisites before registering each term as some courses may have limited offerings (ie. once a year, alternating years, or only offered in the Fall or Winter terms). Consult with an Academic Advisor in your faculty if you wish to alter this sequence with regard to the specifically listed courses.

Note that this sequence was prepared based on course scheduling at the time of publication and may change during your studies.

First Year

- First Stream course
- First Stream course
- Second Stream course
- Second Stream course
- Third Stream course
- Lib Ed Requirement course

Second Year

- First Stream course
- Second Stream course
- Third Stream course
- Social Science elective
- Quantitative Methodology course
- Lib Ed Requirement course
- Lib Ed Requirement course
- Lib Ed Requirement course
- Elective
- Elective

Third Year

- First Stream course 3000/4000 level
- Second Stream course 3000/4000 level
- Third Stream course
- Social Science elective
- Social Science elective 3000/4000 level
- Elective 3000/4000 level
- Elective 3000/4000 level
- Elective 3000/4000 level
- Elective
- Elective

Fourth Year

- First Stream course 3000/4000 level
- Second Stream course 3000/4000 level
- Third Stream course
- Third Stream course 3000/4000 level
- Social Science elective 3000/4000 level
- Elective 3000/4000 level

Note: Students should ensure that prerequisites for senior courses in their chosen disciplinary streams are completed in the first two years. Please consult the current Calendar or Timetable and Registration Guide for prerequisites.